

# Coaching skills

## *What will I be able to do after this training?*

You will be able to:

- Identify situations where coaching is effective
- Use essential coaching skills
- Use a model for managing a coaching session
- Identify factors which influence the effectiveness of coaching sessions
- Apply coaching skills in a wide range of interpersonal relations

## *What will I experience during the training?*

You will:

- Be presented core information on coaching
- Participate in or observe a simulation of a coaching session
- Practice coaching skills – asking open ended questions and active listening
- Practice managing a coaching session
- Receive immediate feedback

## *What's in it for me and my business?*

Coaching gets employees up the learning curve very fast and helps them to take initiatives, contribute ideas and make decisions quickly.

The training will introduce participants to the basic skills of coaching and offer insight into situations in which coaching is most effective.

**Duration:**

One day

**Trainer:**

Edin Veljovic